



# LIVING IN GOD'S GOODNESS:

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A DAILY REFLECTION GUIDE FOR  
ATTENDING TO AND ABIDING IN  
GOD'S FAITHFUL PRESENCE

JULY 2025

# INTRODUCTION

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This summer, we're focusing on God's goodness and presence with us. Life can be noisy and distracting, but when we slow down and pay attention, there are signs of God's goodness all around us. We can see them in the beauty of nature, the unique gifts and passions of others, in moments of connection and healing, and in countless other places.

When we learn to be attentive to God's goodness, *it changes us*. It shapes how we see, how we live, and how we relate to one another. To help cultivate attentiveness to God's goodness this summer, we're inviting you to join us in **three simple daily practices**:

## THE 12:00 PAUSE

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Set a daily reminder on your phone or watch for 12:00 p.m. When it goes off, take a moment to pause and practice some goodness spotting. How have you seen God's goodness so far today? What small signs of God's presence do you notice in what you see, smell, hear, or feel – right where you are? Take a few deep breaths, and express your gratitude to God.

And remember – you're not doing this alone! Others in our church community are pausing too, looking for signs of God's goodness throughout their day. Why not text a friend during the week or share what you noticed when you catch up with someone on Sunday? Let's encourage each other by naming and celebrating God's goodness together!

## END-OF-DAY REFLECTION

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As each day draws to a close, take a few quiet moments to pause, reflect, and journal about ways you noticed and experienced God's goodness during the day. The following questions will guide your reflection:

- Where did I notice God's goodness today?
- Am I able to notice evidence of His goodness now that I may have missed earlier in the day?
- How is God inviting me to move forward?

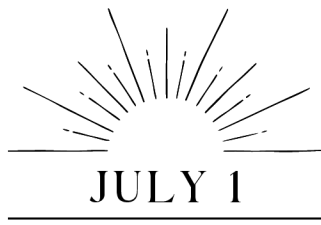
In this booklet, you'll find these daily reflection prompts, along with space to journal each day.

## SCRIPTURE MEDITATION

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Each day also includes a short Bible verse for reflection and meditation. Carry it with you and let it be a reminder of God's goodness as you go about your day.

We hope these practices help you draw closer to God and live more fully in his hope, wholeness, and freedom this summer!



WHERE DID I NOTICE GOD'S GOODNESS TODAY?

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AM I ABLE TO NOTICE EVIDENCE OF HIS GOODNESS NOW THAT  
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HOW IS GOD INVITING ME TO MOVE FORWARD?

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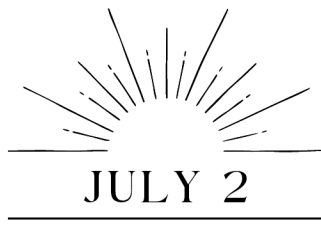
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Taste and see that the Lord is good. Oh, the joys of those who take refuge in him!  
Psalm 34:8





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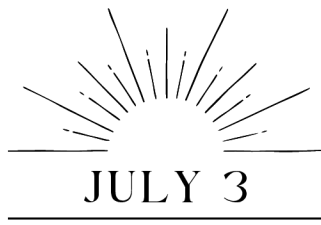
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The faithful love of the Lord never ends! His mercies never cease. Great is his  
faithfulness; his mercies begin afresh each morning.  
-Lamentations 3:22-23





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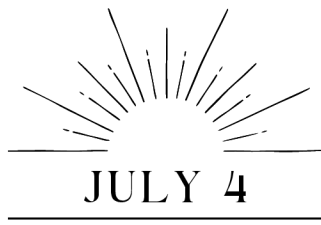
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For the Lord is good.  
His unfailing love continues forever,  
and his faithfulness continues to each generation.  
-Psalm 100:5





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The Lord is good to everyone. He showers compassion on all his creation.  
Psalm 145:9





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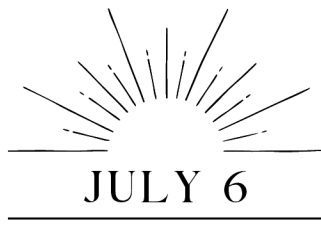
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The LORD is my strength and shield.  
I trust him with all my heart.  
He helps me, and my heart is filled with joy.  
I burst out in songs of thanksgiving.  
-Psalm 28:7





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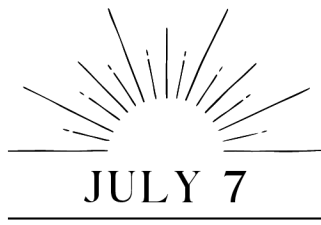
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The Lord is my shepherd:  
I have all that I need.  
-Psalm 23:1







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Surely your goodness and unfailing love will pursue me  
all the days of my life.  
-Psalm 23:6





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Your unfailing love, O Lord, is as vast as the heavens:  
your faithfulness reaches beyond the clouds.  
-Psalm 36:5





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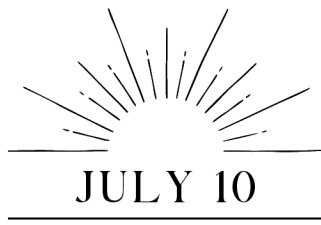
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The name of the Lord is a strong fortress: the godly run to him and are safe.  
-Proverbs 18:10





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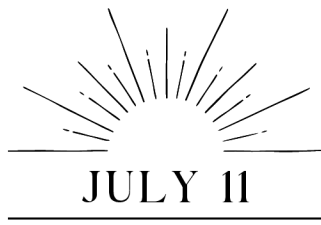
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God is our refuge and strength, always ready to help in times of trouble.  
-Psalm 46:1





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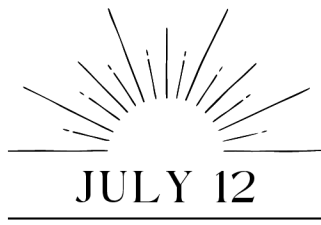
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I am leaving you with a gift—peace of mind and heart.  
-John 14:27





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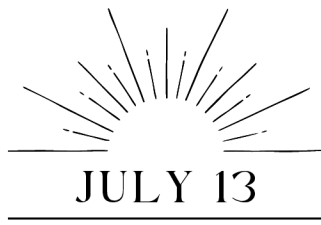
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Nothing in all creation will ever be able to separate us from the love of God.  
-Romans 8:39





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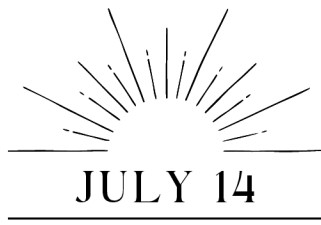
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See how very much our Father loves us, for he calls us his children,  
and that is what we are!

-1 John 3:1





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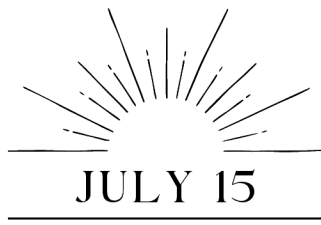
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For we know how dearly God loves us,  
because he has given us the Holy Spirit to fill our hearts with his love.  
-Romans 5:5







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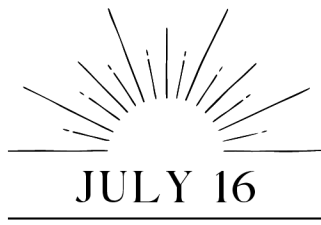
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You will show me the way of life,  
granting me the joy of your presence  
-Psalm 16:11





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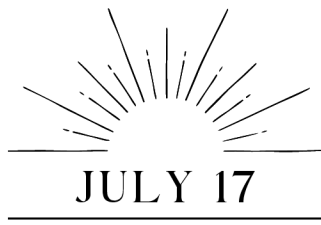
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And be sure of this: I am with you always, even to the end of the age.  
-Matthew 28:20





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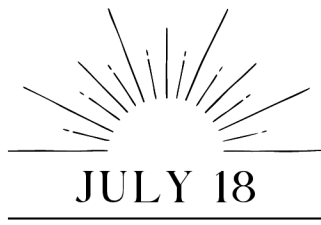
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Let the peace that comes from Christ rule in your hearts.

-Colossians 3:15





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Jesus Christ is the same yesterday, today, and forever.  
-Hebrews 13:8





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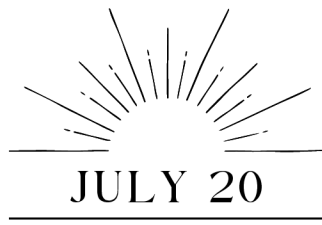
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From his abundance we have all received one gracious blessing after another.  
-John 1:16





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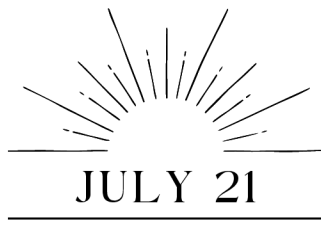
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How precious is your unfailing love, O God!  
All humanity finds shelter  
in the shadow of your wings.  
Psalm 36:7





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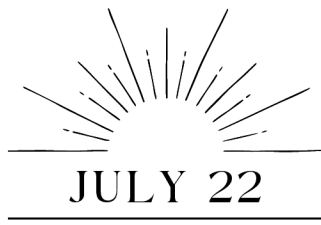
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Give thanks to the Lord, for he is good! His faithful love endures forever.  
1 Chronicles 16:34





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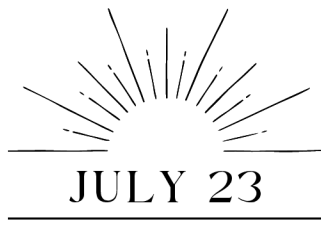
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For God has said, 'I will never fail you. I will never abandon you.'  
Hebrews 13:5







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You go before me and follow me. You place your hand of blessing on my head.  
-Psalm 139:5





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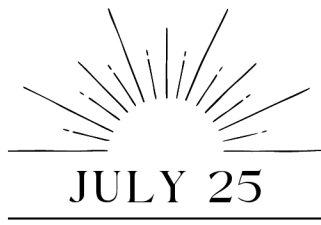
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O Lord, you are so good,  
so ready to forgive,  
so full of unfailing love  
for all who ask for your help.  
-Psalm 86:5





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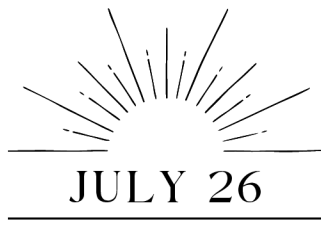
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I pray that God, the source of hope, will fill you completely with joy and peace  
because you trust in him.

-Romans 15:13





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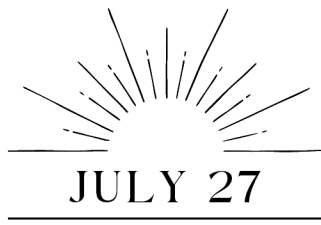
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And we know that God causes everything to work together for the good of those who love  
God and are called according to his purpose for them.

-Romans 8:28





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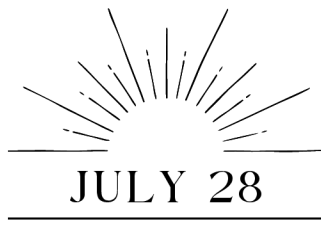
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Whatever is good and perfect comes down to us from God our Father.  
-James 1:17





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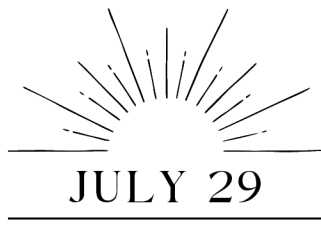
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You are good and do only good: teach me your decrees.  
-Psalm 119:68





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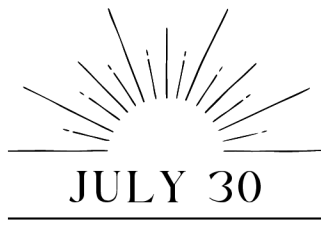
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But the Lord is faithful: he will strengthen you and guard you from the evil one.  
-2 Thessalonians 3:3





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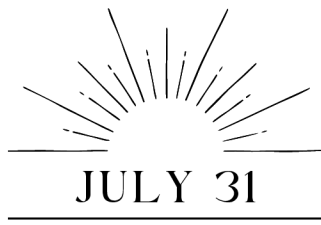
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For all of God's promises have been fulfilled in Christ with a resounding "Yes!"  
-2 Corinthians 1:20







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He will cover you with his feathers. He will shelter you with his wings.  
-Psalm 91:4





